



UPPER CANADA CAMP MENU

Date	
Name of Church	
Number of Guests	

Menu Deadline: Two weeks prior to event (please fill in missing information)

Some selections may vary slightly depending on availability of products. We will provide an alternate menu for you should the menu not be received by the deadline.

Allergy Alert

All allergy and special dietary needs must be included and received two weeks prior to guest arrival.

Email meal choices to info@uppercanadacamp.com

Notes for Cook (office use only): _____

Please choose from the following equal value meal options

Breakfast Menus

Breakfast is served at 8:30 am

Breakfast #1
Homefries
Scrambled Eggs
Bacon
Assorted Fruit
Croissants
Orange & Apple Juice
Coffee & Tea

Breakfast #2
Homefries
Pancakes / Syrup
Sausage
Assorted Fruit
Yogurt Cups
Orange & Apple Juice
Coffee & Tea

Breakfast #3
Homefries
Bacon
Cinnamon French Toast / Syrup
Fruit Salad
Assorted Cereals & Milk
Orange & Apple Juice
Coffee & Tea

Breakfast #4
Assorted Fruit
Sliced Ham Platter & Cheese Tray
Assorted Cereals / Milk
Yogurt Cups
Croissants & Muffins
Orange & Apple Juice
Coffee & Tea

Lunch Menus

Lunch is served at 12:30 pm

Lunch #1
French Fries
Hamburgers / Condiments
Potato Salad / Carrots and Dip
Juice / Coffee / Tea

Lunch #2
Pepperoni / Cheese / Deluxe Pizza
Caesar Salad
Assorted Chips
Juice / Coffee / Tea

Lunch #3
Deli Sandwiches
Meat/Cheese Platters with Condiments
Soup of the Day
Pasta Salad
Juice / Coffee / Tea

Lunch #4
Grilled Cheese Sandwiches
Tomato Soup
Vegetables & Dip
Juice / Coffee / Tea

Lunch #5
Taco Salad
Tomatoes / Salsa / Sour Cream/ Onions/ Cheese/ Lettuce
Spanish Rice
Juice / Coffee / Tea

Lunch #6
Grilled Chicken Caesar Salad
Garlic Bread
Whole Fruit
Juice / Coffee / Tea

Dinner Menus

Dinner is served at 5:30 pm

Dinner #1
Barbeque Chicken
Rice Pilaf
Corn
Salad / Dinner Rolls
Juice / Coffee / Tea

Dinner #2
Spaghetti & Meatballs
Caesar Salad
Garlic Bread
Juice / Coffee / Tea

Dinner #3
Shepherd's Pie
Chef's Salad
Dinner Rolls
Juice / Coffee / Tea

Dinner #4
Lasagna
Caesar Salad
Garlic Bread
Juice / Coffee / Tea

Dinner #5
Chicken or Beef (<i>choose 1</i>) Teriyaki
Rice / Caesar Salad
Dinner Rolls
Juice / Coffee / Tea

Dinner #6
Halibut Fish & Chips
Chef's Salad or Coleslaw (<i>choose 1</i>)
Dinner Rolls
Juice / Coffee / Tea

Note: The kitchen closes every day at 7:00 pm

Dinner Desserts

Desserts are served with Dinner Entrées only

Dessert #1

Chocolate Brownies

Dessert #2

Berry Crumb Cake

Dessert #3

Vanilla or Chocolate Ice Cream Cups
(choose one)

Dessert #4

Apple Pie

Dessert #5

Nanaimo Bars

Dessert #6

Chocolate Éclairs

Dessert #7

Ice Cream Sandwiches

Evening Snacks

*Please choose one selection for each evening including evening of arrival.
Snacks will be put out for 7:00 pm as a self-serve buffet*

Snack #1

Assorted Cookies
Juice / Coffee / Tea

Snack #2

Assorted Dessert Squares
Juice / Coffee / Tea

Snack #3

Seasonal Whole Fruit
Juice / Coffee / Tea

Snack #4

Cheese & Crackers
Juice / Coffee / Tea

Snack #5

Nachos & Dip
Juice / Coffee / Tea

Snack #6

Vegetables & Dip
Juice / Coffee / Tea

Please make note of our meal times and adhere to them when planning your schedule / activities.